

HEALTH EDUCATION (MIDDLE/HIGH SCHOOL)

Guided Pathway/Map

NOTE: The Guided Pathway below contains all the coursework required for degree/certificate completion. However, courses may be offered or taken in other semesters as long as prerequisites are met. Courses may be available days, nights, hybrid and online. *Please refer to your STARS guide or transfer institution for specific course requirements.

	Course #	Course Name	Semester Hours
Semester 1	ENG101	English Composition I	3
	Math	Choose one (Please refer to STARS Guide): MTH110 (Finite Mathematics) OR MTH112 (Pre-calculus Algebra)	3
	History	Choose a sequence in history or literature: HIS101 (Western Civilization I) OR HIS121 (World History I) OR HIS201 (US History I)	3
	Fine Art	Choose one (Please refer to STARS Guide): MUS101 (Music Appreciation) OR ART100 (Art Appreciation) OR THR120 (Theatre Appreciation)	3
	ORI101	Orientation to College	1
	Area V Elective	HED221 – Personal Health	3
			Semester 1 Total: 16
Semester 2	ENG102	English Composition II	3
	Natural Science	Choose one (Please refer to the STARS Guide): BIO101 (Introduction to Biology I) OR BIO103 (Principles of Biology I) OR CHM104 (Introduction to General Chemistry) OR CHM111 (College Chemistry I) OR PHS111 (Physical Science I) OR PHY201 (General Physics I) OR PHY213 (General Physical with Calculus I)	4
	Area IV Elective	Choose one (Please refer to STARS Guide): ECO231 (Principles of Macroeconomics) OR ECO232 (Principles of Microeconomics) OR GEO100 (World Regional Geography) OR POL211 (American National Government) OR PSY200 (General Psychology) OR PSY210 (Human Growth & Development) OR SOC200 (Introduction to Sociology)	3
	Area V Elective	CIS146 (Microcomputer Applications)	3
	Area V Elective	Please refer to STARS Guide	3
			Semester 2 Total: 16
Semester 3	Literature	Choose a sequence in history or literature: ENG251 (American Literature) OR ENG261 (English Literature) OR ENG271 (World Literature)	3
	Natural Science	Choose one (Please refer to the STARS Guide): BIO101 (Introduction to Biology I) OR BIO103 (Principles of Biology I) OR CHM104 (Introduction to General Chemistry) OR CHM111 (College Chemistry I) OR PHS111 (Physical Science I) OR PHY201 (General Physics I) OR	4

		PHY213 (General Physical with Calculus I)	
	Area IV Elective	Choose one (Please refer to STARS Guide): ECO231 (Principles of Macroeconomics) OR ECO232 (Principles of Microeconomics) OR GEO100 (World Regional Geography) OR POL211 (American National Government) OR PSY200 (General Psychology) OR PSY210 (Human Growth & Development) OR SOC200 (Introduction to Sociology)	3
	Area V Elective	BIO201 (Anatomy and Physiology I)	4
			Semester 3 Total: 14
Semester 4	Area IV Elective	Choose a history course to complete the sequence or an Area IV elective: HIS102 (Western Civilization) OR HIS122 (World History) OR HIS202 (US History) OR (Please refer to STARS Guide): ECO231 (Principles of Macroeconomics) OR GEO100 (World Regional Geography) OR POL211 (American National Government) OR PSY200 (General Psychology) OR PSY210 (Human Growth & Development) OR SOC200 (Introduction to Sociology)	3
	Area V Elective	Please refer to the STARS Guide	3
	Literature OR Fine Arts Elective	Choose a literature course to complete the sequence or an Fine Arts Elective: ENG252 (American Literature) OR ENG262 (English Literature) OR ENG272 (World Literature) OR Please refer to STARS Guide for Fine Arts Elective	3
	Fine Arts Elective	Choose one: SPH106 (Fundamentals of Oral Communication) OR SPH107 (Fundamentals of Public Speaking)	3
	Area V Elective	Please refer to the STARS Guide	3
			Semester 4 Total: 15
			Program Total: 61

Links:

Alabama A&M: <http://www.aamu.edu/administrativeoffices/academicaffairs/pages/stars-transfer-system.aspx>

Alabama State: <https://www.alasu.edu/admissions/undergrad-admissions/transfer-students/area-v/index.aspx>

Jacksonville State University: <http://www.jsu.edu/stars/>

Troy University: <https://www.troy.edu/area5/assets/majors/Health%20Education.html>

University of Alabama: <https://www.ua.edu/academics/transferassist/>

University of Alabama at Birmingham: <https://www.uab.edu/students/admissions/transfer/area-v>

University of Montevallo: <https://www.montevallo.edu/wp-content/uploads/2018/10/Family-and-Consumer-Sciences.pdf>

University of South Alabama: <https://www.southalabama.edu/departments/registrar/areav/hed.html>